

The fun and easy way
to liven up your meals!

STYLING: JENNIFER CLAYTON

Cooking with Spices

FOR

DUMMIES

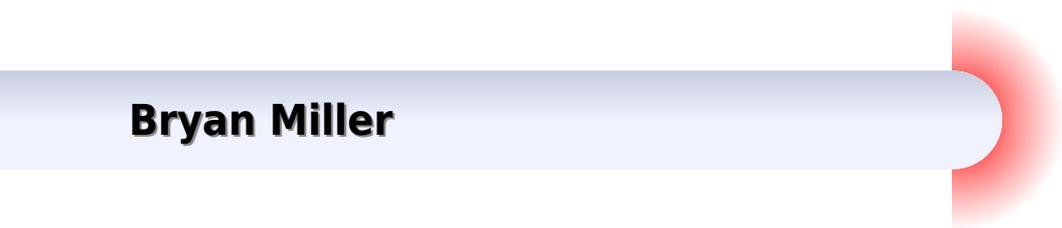


Jenna Holst

A Reference for the Rest of Us!

**Cooking With Spices For Dummies Holst Jenna Author
Paperback 2001**

Bryan Miller



Cooking With Spices For Dummies Holst Jenna Author Paperback 2001:

Cooking with Spices For Dummies Jenna Holst, 2011-05-18 Spice up your cooking skills If your idea of kicking up a dish is using salt and pepper there s a rich and fabulously varied world of spices waiting to be discovered Mace coriander mustard seed fennel saffron and paprika don t have to be those scary untouchables on the supermarket shelf Cooking with spices can actually be fun interesting enjoyable and most of all delicious Using spices will vastly improve your cooking and make you feel finally in command of your kitchen Cooking with Spices For Dummies is for anyone who s ever wondered how the great chefs whip up their fabulous tasting dishes but wasn t sure how And if you re something of a veteran in the kitchen you ll get new crowd pleasing tips on how to add sparkle and zip to tried and true dishes like hamburgers and spareribs or sweet potatoes and green beans Most likely you ll find the answer to any question you ve ever had about spices plus a lot more in this handy one volume guide like What makes up a basic spice collection Advice on essential tools including mills graters and mortar and pestle Preparing spices for cooking including knowing which spices to toast saut or grate A tour of the world of spices by region and country Menu planning and menu samplers arranged by country Once you ve become familiar with the basics it s on to the fun stuff cooking with spices After you ve followed the simple tips on making the most of your ingredients you ll be able to comfortably test your skills on the delicious assortment of over 200 recipes which feature Basic rubs and spice mixes including Cajun Caribbean Indian Curry powder Jamaican and Southern Barbecue Marinades and sauces including South of the Border Marinade and Teriyaki sauce Salsas and salads including Tomato Salsa Plum Salsa and Spiced Fruit Salad Vegetables and legumes including Mashed Spiced Butternut and Vegetarian Bean Chili Pasta potatoes and grains including Pasta Puttanesca Roasted Potatoes with Garlic and Cumin and Curried Barley Pilaf Chicken meat and seafood including Down Home Barbecued Chicken Indonesian Beef Sate and Shrimp Curry Complete with such indispensables as a spice quantity guide showing exactly how much you should use a glossary of cooking terms eight pages of tempting full color photos and humorous cartoons Cooking with Spices For Dummies gives you just what you need to know to cook with confidence and create delicious exciting dishes for your family and friends

Cooking Soups For Dummies Jenna Holst, 2001-02-07 Homemade soup is truly one of life s great pleasures Hearty soups define good eating and put the comfort in comfort food Discovering how simple and enjoyable soup is to make is equal only to the joy of tasting your own With *Cooking Soups For Dummies* all you need know is how to boil water Add to this some basic advice on equipment plus tips on how to stock your kitchen pantry and you re well on your way to tackling the delicious assortment of recipes But first you ll get the lowdown on how to make quick work of such basics as Various cutting methods including chopping cubing dicing mincing shredding and slicing Liquid foundations including recipes for chicken beef vegetable mushroom fish shrimp and clam broth Soup safety advice on proper chilling storage containers freezing basics with a shelf life table thawing and reheating Tips on improvising including halving and doubling recipes remaking leftovers ingredient substitutions and

lightening up with less fat And now to creating your own kitchen itinerary for the delicious nutritious eclectic and international world of soups starting with Fresh soup from the garden including Sweet Potato Bisque Thrifty French Housewife s Soup and Fresh Tomato Basil Soup Soup from the dairy case including recipes for Cream of Mushroom Soup Tomato Orange Bisque and Broccoli Cheddar Soup Hearty meat and poultry soups including recipes for Herbed Oxtail and Vegetable Soup Scotch Broth and Country Chicken Noodle Soup Seafood chowders and bisques including recipes for Fresh Salmon Chowder Manhattan Clam Chowder and Easy Lobster Bisque Cold soups including Avocado Soup Vichyssoise and Spanish Gazpacho Full of great tips on garnishes ideal meal pairings and last minute fixes plus 100 recipes eight pages of full color photos and several black and white illustrations *Cooking Soups For Dummies* helps you discover one great thing about making soups you don t have to be a grandmother to cook like one **American Book Publishing Record** ,2002

Forthcoming Books Rose Arny,2002-02 **The Publishers Weekly** ,2001 *Herbs and Spices for Dummies* Alton Bradley,2010-05 **Cooking with Herbs and Spices** Schwartz Spices (Firm),198? [A Beginner's Guide To Cooking With Spices And Herbs](#) Dane Larson,2020-12-30 Knowing how to use spices can significantly enhance the flavor of all your favorite recipes Spices can transform any dull meal by adding a range of delicious flavors from a just hint of heat to a mild more subtle taste Seasoning with spices is often intimidating for beginners if you re not familiar with their uses Beyond that understanding more about spices and herbs will spark some curiosity to try something you haven t tried before Most of us have some international cuisine favorites and assume we could not come close to the taste we get from our go to authentic restaurants Often the secret lies in that game changing spice or herb we never took time to purchase and experiment with You really can become a more skilled knowledgeable and successful home cook with a multi cuisine repertoire This book will help you unlock this untapped potential Here s a Taste of What You ll Learn Detailed descriptions of over 50 key spices and herbs and international cuisines linked to each one How to cook with spices and herbs Spices and herbs that complement various vegetables and meats How to create a great marinade How to substitute for spices and herbs you do not have Popular international spice blend recipes And more **Cooking for Dummies** Bryan Miller,2001-03 This fun and friendly cooking reference addresses real life emergency cooking situations for people on the go Starting with the essential basics the book covers how to shop what kinds of kitchen gadgets are necessary how to stock a pantry how to read and understand a recipe how to create a masterpiece meal from leftovers and more Line drawings and cartoons **Quick from Scratch** ,1998 *Cooking with Spices* Jill Norman,1998-03-31 *A Busy Cook's Guide to Spices* Linda Murdock,2001 **Cooking Basics For Dummies** Bryan Miller,Marie Rama,Eve Adamson,2010-12-14 Basic tools techniques and recipes for creating easy delicious meals It doesn t take culinary mastery and great recipes to be a great cook *Cooking Basics For Dummies* 4th Edition appeals to beginners who want to learn the basics of cooking and implement understandable and practical recipes in their everyday cooking experience *Cooking Basics For Dummies* digs you out of microwave dinners and tipping delivery

persons and propels you with all the ingredients you need toward becoming a superior home cook This hands on guide shows you the fun and easy way to prepare meals all your guests and family members will love from die hard vegetarians to the most passionate meat eaters Fun tasty and easy recipes the whole family will enjoy for every occasion Covers grilling slow cooking pressure cooking roasting and saut ing Considerations for vegetarians special diets and sustainable dishes with flavor and pizzazz With the help of *Cooking Basics For Dummies* you ll be able to handle boiling poaching steaming braising grilling and so much more like a master

The Complete Idiot's Guide to Spices and Herbs Leslie Bilderback
CMB,2007-12-04 Zest it up Using spices and herbs the key to any delicious meal can be daunting with so many to choose from not to mention the many possible combinations In this book master chef and baker Leslie Bilderback unlocks the key to the dazzling world of flavor by showing cooks of every level how to use and combine the most popular spices and herbs She also provides delicious recipes fun facts tips on storage and a resource guide on where to get hard to find spices and herbs In this *Complete Idiot s Guide* you get Concise information on the flavor uses and availability of nearly 250 popular spices and herbs A red hot look at commonly used fresh and died chili peppers A helpful guide to combination spices like Jamaican jerk and vindaloo curry Dozens of delicious recipes featuring a verity of herbs and spices

Beginners Guide To Herb And Spices- How To Use Them Gregory Sims,2020-12-30 Knowing how to use spices can significantly enhance the flavor of all your favorite recipes Spices can transform any dull meal by adding a range of delicious flavors from a just hint of heat to a mild more subtle taste Seasoning with spices is often intimidating for beginners if you re not familiar with their uses Beyond that understanding more about spices and herbs will spark some curiosity to try something you haven t tried before Most of us have some international cuisine favorites and assume we could not come close to the taste we get from our go to authentic restaurants Often the secret lies in that game changing spice or herb we never took time to purchase and experiment with You really can become a more skilled knowledgeable and successful home cook with a multi cuisine repertoire This book will help you unlock this untapped potential Here s a Taste of What You ll Learn Detailed descriptions of over 50 key spices and herbs and international cuisines linked to each one How to cook with spices and herbs Spices and herbs that complement various vegetables and meats How to create a great marinade How to substitute for spices and herbs you do not have Popular international spice blend recipes And more

The Art of Cooking with Herbs and Spices Milo Miloradovich,1954

On Spice Caitlin PenzeyMoog,2019-01-15 A revealing look at the history and production of spices with modern no nonsense advice on using them at home Every home cook has thoughts on the right and wrong ways to use spices These beliefs are passed down in family recipes and pronounced by television chefs but where do such ideas come from Many are little better than superstition and most serve only to reinforce a cook s sense of superiority or cover for their insecurities It doesn t have to be this way These notes *On Spice* come from three generations of a family in the spice trade and dozens upon dozens of their collected spice guides and stories Inside you ll learn where spices come from historically

geographically botanically and in the modern market You ll see snapshots of life in a spice shop how the flavors and stories can infuse not just meals but life and relationships And you ll get straightforward advice delivered with wry wit Discover why Salt grinders are useless Saffron is worth its weight in gold as long as it s pure That jar of cinnamon almost certainly isn t Vanilla is far more risqu than you think Learn to stop worrying and love your spice rack

Beginner's Guide to Cooking with Spices Joseph Veebe,2019-01-17 Have you ever wondered how to cook with spices Learn about the many benefits of spices and how to cook with them Spices and herbs have numerous health benefits including anti inflammatory anti oxidant anti cancer and anti bacterial properties Find out how to start using spices as seasoning and health ingredient Includes sample recipes

Beginner s guide to cooking with spices is an introductory book that explains the history various uses and their medicinal properties and health benefits The book details how they may be easily incorporated in everyday cooking The book will cover the following History of Spices Common spices used in cooking and history and health benefits of each Health benefits of spices and herbs Spice mixes from around the world and their uses Tips for cooking with Spices Cooking Vegan with Spices Cooking Meat and Fish with spices Spiced Rice Dishes Spicy Soups and Broths References

The Complete Book of Spices Norman, Jill,1990 *The Little Book of Herbs & Spices* ,1994

The Enigmatic Realm of **Cooking With Spices For Dummies Holst Jenna Author Paperback 2001**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Cooking With Spices For Dummies Holst Jenna Author Paperback 2001** a literary masterpiece penned by way of a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of those who partake in its reading experience.

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