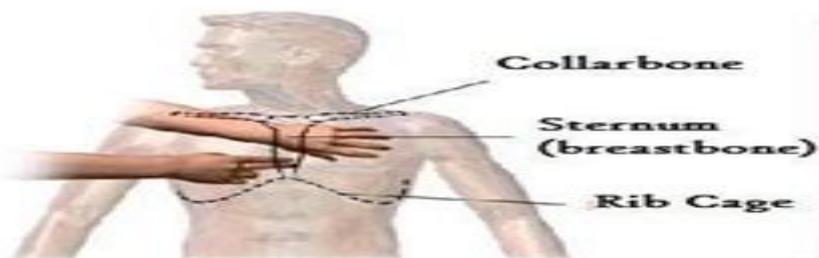


# CPR Instructions :-



Locate the Sternum

## LOCATE COMPRESSION POINT

- FIND THE CENTRE OF THE CHEST.
- PLACE THE HEEL OF YOUR HAND ON THE COMPRESSION POINT WITH THE FINGERS PARALLEL TO THE RIBS AND SLIGHTLY RAISED.
- PLACE YOUR OTHER HAND ON TOP OF THE FIRST.

## CHEST COMPRESSION

- COMPRESS TO APPROX 1/3 OF DEPTH OF CHEST.
- 30 COMPRESSIONS AT A RATE OF 100 PER MINURE.



## RESCUE BREATHS

- SUPPORT HEAD AND JAW.
- A SLIGHT HEAD TILT MAY BE NECESSARY TO OPEN THE AIRWAY.
- DELIVER 2 BREATHS ALLOWING 1 SECOND PER INHALATION.

## RECOVERY POSITION

- IF NORMAL BREATHING RETURNS, POSITION CASUALTY ON SIDE.
- ENSURE THE AIRWAY REMAINS CLEAR.



# Cpr Instruction Manual

**American Red Cross**

The logo of the American Red Cross, which is a red cross on a white background, is partially visible on the right side of the page, overlapping the light blue bar.

## **Cpr Instruction Manual:**

*American Red Cross CPR Instructor's Manual* American Red Cross,1988      *Emergency Medical Services Dispatcher*,1984      *Essential Enrolled Nursing Skills for Person-Centred Care - E-Book* Gabby Koutoukidis,Kate Stainton,2016-09-01  
The Essential Enrolled Nursing Skills for Person Centred Care 1st edition Workbook is an indispensable tool that will assist students in mastering the clinical skills required to deliver the highest quality care Specifically developed to support Taberner's Nursing Care Theory and Practice 7th edition the workbook features the essential skills that form part of the assessment for Diploma of Nursing students Based on evidence based practice each skill features a step by step approach and rationale to help understanding of how and why a skill is performed      *American Red Cross CPR for the Professional Rescuer*  
American Red Cross,1993      **Essential Enrolled Nursing Skills for Person-Centred Care Workbook - eBook ePub** Gabby Koutoukidis,Kate Stainton,2020-10-01 Nursing informatics competency skill aligned to the National Nursing and Midwifery Digital Capability Framework 2020      *Fire Safety Education Resource Directory* Barry Leonard,1998-10 This compendium of materials will be useful in building and supplementing a public education program for fire safety Lists a wide range of programs videotapes booklets manuals pamphlets brochures program kits and web sites that are available from diverse sources throughout the U S There are 13 categories burn and scald prevention CPR and first aid electrical hazards escape plans and drills fire and the elderly fire extinguishers fire safety and the disabled flammable fabrics residences residential fire inspections and home safety fire safety programs for schools and day care programs smoke detectors and other programs      *Lecture-free Teaching* Bonnie S. Wood,2009      **American Red Cross First Aid/CPR/AED Instructor's Manual** American Red Cross,2021-10-30      **Maternal Child Nursing Care in Canada - E-Book** Lisa Keenan-Lindsay,Cheryl Sams,Constance L. O'Connor,Shannon E. Perry,Marilyn J. Hockenberry,Deitra Leonard Lowdermilk,David Wilson,2016-10-11 Featuring the most accurate current and clinically relevant information available Maternal Child Nursing Care in Canada 2nd Edition combines essential maternity and pediatric nursing information in one text The promotion of wellness and the care for women experiencing common health concerns throughout the lifespan care in childbearing as well as the health care of children and child development in the context of the family Health problems including physiological dysfunctions and children with special needs and illnesses are also featured This text provides a family centred care approach that recognizes the importance of collaboration with families when providing care Atraumatic Care boxes in the pediatric unit teach you how to provide competent and effective care to pediatric patients with the least amount of physical or psychological stress Nursing Alerts point students to critical information that must be considered in providing care Community Focus boxes emphasize community issues supply resources and guidance and illustrate nursing care in a variety of settings Critical thinking case studies offer opportunities to test and develop analytical skills and apply knowledge in various settings Emergency boxes guide you through step by step emergency procedures Family Centred

Teaching boxes highlight the needs or concerns of families that you should consider to provide family centred care NEW  
Content updates throughout the text give you the latest information on topics such as perinatal standards mental health  
issues during pregnancy developmental and neurological issues in pediatrics new guidelines including SOGC and CAPWHN  
NEW Increased coverage on health care in the LGBTQ community and First Nations Metis and Inuit population NEW  
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integrated within the content draw attention to developing competencies related to safe nursing practice *Manual of  
Instructions for the Survey of Dominion Lands* Canada. Topographical Survey,1918 **A Comparison of Two  
Cardiopulmonary Resuscitation Programs** Joan Kay-Casemier Nelson,1995 **CPR and First Aid Training Manual**  
EMS Safety Services, Incorporated,2006-01-01 **Manual of Instructions for the Survey of Dominion Lands, ...** ,1918  
*Manual Training Magazine* Charles Alpheus Bennett,William Thomas Bawden,1927 **American Red Cross First Aid/  
CPR/ AED Participant's Manual** American Red Cross,2021-10-19 **Annual Book of ASTM Standards** ASTM  
International,American Society for Testing and Materials,2003 **Subject Guide to Books in Print** ,1997 **Biology**  
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